CITY OF WEST HOLLYWOOD

SUBSTANCE USE SERVICES GUIDE

UPDATED SEPTEMBER 2023



City of West Hollywood California 1984

Substance Use Services Guide

The City of West Hollywood collaborates with the following agencies to provide substance use and addiction recovery treatment

AWAKENING RECOVERY (424) 209-7507 awakeningrecovery.org

An affordable and safe sober living environment that motivates sustained recovery from alcoholism and drug addiction through its comprehensive structure.

BEING ALIVE, SYRINGE SERVICES PROGRAM (323) 874-4322 beingalivela.org

Being Alive offers a weekly Syringe Services Program on Saturdays from 2:30pm to 6:30 p.m., located in the parking lot behind 8212 Santa Monica Blvd., West Hollywood, CA 90046 (Vaseline Alley). Community members can access sterile syringes, safe syringe disposal, Narcan nasal spray, injectable naloxone, fentanyl test strips, safer smoking supplies, wound care kits, HIV testing, and substance use treatment referrals.

> CAST Centers (323) 421-7595 <u>castcenters.com</u>

An outpatient program for substance use and mental health treatment.

CHILDREN'S HOSPITAL

Substance Use Prevention & Treatment Program (323) 361-2463

chla.org/substance-abuse-prevention-and-treatment-services

A state-certified program that aims to reduce alcohol and drug-related harm in an outpatient approach. The program serves youth ages 10-17 and young adults ages 18-25 by offering education and support to their families and significant others.

LOS ANGELES LGBT CENTER (323) 993-7500 lalgbtcenter.org

The L.A. LGBT Center provides individual therapy, outpatient treatment, medication-assisted treatment, and substance use recovery support groups. The support groups include, Women in Recovery, a processing group for femaleidentified people who want to maintain sobriety and, Methology, a group for developing strategies and goals to reduce methamphetamine use.

MCINTYRE HOUSE (323) 662-0855 mcintyrehouse.org

McIntyre House offers a residential rehabilitation experience for men seeking recovery from alcoholism and drug addiction

OUT HERE COMMUNITY RESOURCES, POWERED BY APLA HEALTH (213) 201-5000

outherehealth.com/party-wise

Out Here offers a variety of sexual health and community resources. The Party Wise Program is designed for gay men and other men who have sex with men (MSM) who use methamphetamine. The program offers medication-assisted treatment, harm reduction educational groups, health navigation, as well as free naloxone and fentanyl test strips. Out Here also offers the Getting Off, Behavioral Treatment Intervention program, which is an 8-week, evidenced-based cognitive behavioral therapy intervention for gay men and MSM who want to stop or reduce their methamphetamine use.

TARZANA TREATMENT CENTERS (888) 777-8565 <u>tarzanatc.org</u>

Provides inpatient medical withdrawal management and psychiatric stabilization, residential and outpatient substance use disorder treatment, outpatient mental health, and residential rehab for teens/youth and adults; primary care clinics; and HIV/AIDS services including specialty medical care.

TWEAKERS PROJECT facebook.com/groups/thetweakersproject

A group for people to offer information, education and support to talk openly and freely about their own recovery from meth use or recovering from the trauma of their loved ones' use.

TWIN TOWN TREATMENT CENTERS (866) 594-8844 twintowntreatmentcenters.com

Offers six intensive outpatient treatment programs for adult and adolescent addictions in Los Angeles and Orange County (including West Hollywood location). Accepts most insurance plans and/or flex payment schedules.

VAN NESS RECOVERY HOUSE (323) 463-4266 vannessrecoveryhouse.com

The mission of the Van Ness Recovery House is to meet the critical needs of the LGBT community for alcohol and drug addiction recovery. Utilizing the principles of Alcoholic Anonymous, Van Ness Recovery House provides day and residential treatment, sober living, education, prevention, and outreach services in a supportive and chemically free environment. Services are available to anyone regardless of ability to pay or HIV status. Cost of treatment is also covered through Medi-Cal.

WEST HOLLYWOOD RECOVERY CENTER AND LOG CABIN (310) 849-3777 thewhrc.org

The West Hollywood Recovery Center provides a meeting place for 12-step groups, such as Alcoholics Anonymous, as well as prevention services and education. More than 90 separate recovery meetings are held per week on 626 N. Robertson Blvd., West Hollywood CA 90069.

The West Hollywood Recovery Center and Log Cabin meetings as of 6/28. Zoom information for the virtual and hybrid meetings can be found on the WHRC website: thewhrc.org.

Monday

6:30 a.m. AA: Fast Break West Promises - WHRC Rm 1 7:30 a.m. AA : Promises - Log Cabin
7:45 a.m. AA: On Awakening (Women's) - WHRC Rm 1
12:00 p.m. AA: Work in Progress - WHRC Rm 2
6:15 p.m. AA: Third of July - Log Cabin
6:30 p.m. NicA: Nicotine Anonymous - Virtual
7:00 p.m. CMA: The Promises - WHRC Rm 2
7:45 p.m. AA: City Solutions - WHRC Rm 1
8:30 p.m. AA: How It Works (Chinatown) - Log Cabin
9:00 p.m. CMA: Sex & Sobriety - WHRC Rm 2
11:59 p.m. AA: The Midnight Group - Virtual

Tuesday

6:30 a.m. AA: Book Study Share – WHRC Rm 1
7:30 a.m. AA: Early Bird Workshop – Log Cabin
12:00 p.m. AA: Tuesday Nooner - WHRC Rm 2
5:30 p.m. AA: Tuesday One Speaker – WHRC Rm 2
6:00 p.m. AA: Out of Isolation (Men's) - Log Cabin
6:30 p.m. AA: Tuesday After Work – Hybrid WHRC Rm 1 & Zoom
7:00 p.m. CMA: Sobriety & HIV – WHRC Rm 2
8:00 p.m. AA: Queer & Anonymous – WHRC Rm 1
8:00 p.m. AA: See You Next Tuesday – WHRC Rm 2
10:00 p.m. AA: Ask It Basket - WHRC Rm 1
11:59 p.m. AA: The Midnight Group - Virtual

Wednesday

6:30 a.m. AA: As Bill Sees It - WHRC Rm 1 7:30 a.m. AA: Joy of Living – Log Cabin 8:30 a.m. SLAA: Healthy Relationships – WHRC Rm 2 12:00 p.m. AA: Living Sober - WHRC Rm 2 5:30 p.m. AA: In By 5:30 Out By 6:15 – Hybrid WHRC Rm 1 & Zoom 6:00 p.m. OA: Showing Up for Recovery - WHRC Rm 2 7:00 p.m. AA Sisters in Sobriety - WHRC Rm 1 7:30 p.m. SLAA: Restored To Sanity– WHRC Rm 2 8:00 p.m. AA: HYP Speaker/Participation - Log Cabin 11:59 p.m. AA: The Midnight Group - Virtual

Thursday

6:30 a.m. AA: Step Study Share WHRC Rm 1
7:30 a.m. AA: Steps & Tradition – Log Cabin
12:00 p.m. AA: It's All About Me – WHRC Rm 2
12:30 p.m. OA: Stairway To Recovery – WHRC Rm 1
1:05 p.m. Al-Anon: Spiritual Giants - LC
6:30 p.m. AA: Housecleaning – WHRC Rm 1
6:30 p.m. AA: There is a Solution (Men's) – WHRC Rm 2
6:30 p.m. AA: Into Action - Log Cabin
8:00 p.m. AA: Into Action - Log Cabin
8:00 p.m. AA: WeHo Young Peoples – WHRC Rm 1
8:15 p.m. CA: Wholesale Miracles – Log Cabin
10:00 p.m. AA: We Are Not A Glum Lot – WHRC Rm 1
11:59 p.m. AA: The Midnight Group - Virtual

Friday

6:30 a.m. AA: Friday Morning - WHRC Rm 1 7:30 a.m. AA: Thank God It's Friday – Log Cabin 10:30 a.m. SLAA: Freaky Friday (Women's) - WHRC Rm 1 12:00 p.m. Friday Noon - WHRC Rm 1 7:00 p.m. AA: Ladies Friday Night Out -WHRC Rm 1 7:00 p.m. AA: Best of Old Time AA – WHRC Rm 2 8:00 p.m. NA: The Real Deal – Hybrid Log Cabin & Zoom 8:30 p.m. MA: Blunt Recovery – WHRC Rm 2 11:59 p.m. AA: Midnight Group - Virtual

Saturday

6:30 a.m. Al-Anon: Double Winners - WHRC Rm 1 8:00 a.m. AA: Saturday Beginners - Log Cabin 9:00 a.m. AA: Survivors- WHRC Rm 2 11:00 a.m. Al-Anon: New Freedom & Happiness - WHRC Rm 2 11:00 a.m. SLAA: Tools of Recovery - WHRC Rm 1 12:00 p.m. SLAA: Saturday Slaw (Men's) - Log Cabin 12:30 p.m. AA: Epiphany - WHRC Rm 1 1:00 p.m. ACA: WeHo Men's ACA - WHRC Rm 2 2:30 p.m. CMA: Crystal Clear – WHRC Rm 1 4:30 p.m. AA: Nadezhda (Russian) – WHRC Rm 1 5:30 p.m. AA: You Are Not Alone – Hybrid WHRC Rm 2 6:00 p.m. AA: From The Heart – Log Cabin 8:00 p.m. AA: Young & Free - Log Cabin 11:59 p.m. AA: Midnight Group - Virtual

Sunday

6:30 a.m. AA: Conscious Contact - WHRC Rm 1 8:00 a.m. AA: Sunday Log Cabin – Log Cabin 9:00 a.m. AA: On Awakening – WHRC Rm 2 10:00 a.m. AA: Clean & Sober – Log Cabin 11:00 a.m. SLAA: Serenity on Sunday – WHRC Rm 2 12:05 p.m. OA: Courage To Change – WHRC Rm 1 5:00 p.m. AA: Club Med - WHRC Rm 2 6:30 p.m. AA: Hollywood Young People's - Hybrid Log Cabin & Zoom 7:00 p.m. CMA: Round Robin West – WHRC Rm 2 8:00 p.m. NA: Russian Speaking NA LA - WHRC Rm 1 11:59 p.m. AA: Midnight Group - Virtual

Acronym Definitions & 12 Step Groups

AA – Alcoholics Anonymous (800) 923-8422 www.lacoaa.org
AL ANON – Al-Anon, Alanon 818) 760-7122 www.alanonla.org
CA – Cocaine Anonymous (888) 714-8341 www.ca4la.org
CEA – Compulsive Eaters Anonymous (323) 660-4333 www.ceahow.org
CMA – Crystal Meth Anonymous (877) 262-6691 www.cmainla.com
CODA – Codependents Anonymous Los Angeles Office (323) 969-4995
GA – Gamblers Anonymous (626) 960-3500 www.gamblersanonymous.org
MA – Marijuana Anonymous (800) 766-6779 www.marijuana-anonymous.org
NA – Narcetics Anonymous (818) 773-9999 www.na.org
OA – Overeaters Anonymous (323) 653-7652 www.oalaig.org
SCA – Sexual Compulsives Anonymous (323) 570-2659 www.scalosangeles.org
UA – Underearners Anonymous info@underearnersanonymous.org

STAY SAFE Test for Fentanyl



Fentanyl is a **lab-made opioid** that's 50x stronger than heroin and a leading cause of **overdose deaths**. It's an **addictive filler** added to drugs bought on the streets or online.

FENTANYL TEST STRIP INSTRUCTIONS

FYL

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- 1. Combine a sprinkle of substance with 1/4 inch of water or add water to the baggie.
- 2. Hold blue end and dip white end in liquid for 15 seconds. Don't dip past the blue line.
- 3. Remove the strip and place on a dry surface. Wait 5 minutes for result.

One Line = Fentanyl Two Lines = No Fentanyl

If you are struggling with substance use, you don't have to struggle alone. Please call the LA LGBT Center at 323-993-7500.



SEPTEMBER IS NATIONAL RECOVERY MONTH

RECOVERY MONTH Every Person. Every Family. Every Community.

National Recovery Month (Recovery Month) is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live healthy and rewarding lives. Recovery

Month celebrates the gains made by those living in recovery. The Recovery Month observance will work to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

The National Recovery Month tagline, "Every Person, Every Family, Every Community," reminds people in recovery and those who support them that no one is alone in the journey through recovery. Everyone's journey is different, but we are all in this together. All Recovery Month events are now listed on a new website.

For more information , please visit: rm.facesandvoicesofrecovery.org

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HUMAN SERVICES DIVISON (323) 848-6510 WEHOCARES@WEHO.ORG

