## WeHo Aquatic Center Summer 2023 Schedule: 6.20.23 - 8.11.23

Please note that the schedule may vary based on holiday closures, inclement weather, City programming and staff trainings. For the most current information about the schedule; please review the Aquatic Center Closure Dates under resources at WeHo.org/pool. All Aquatics programs <a href="REQUIRE">REQUIRE</a> online participant registrations and reservations; if a registration or reservation is not available at a specific time it safe to assume that the facility is closed or unavailable to the public.

## **COMPETITION POOL**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	1
5:30 AM	Opening Procedures			5:30 AM				
6:00 AM 6:30 AM 7:00 AM 7:30 AM 8:00 AM 8:30 AM	Lap Swim (4 Lanes) WH2O -Masters Swimming (6 Lanes)	Lap Swim (10 Lanes)	Lap Swim (4 Lanes) WH2O -Masters Swimming (6 Lanes)	Lap Swim (10 Lanes)	Lap Swim (2 Lanes) WH2O -Masters Swimming (8 Lanes)	Opening Procedures	Opening Procedures  Lap Swim (5 LNS)	6:00 AM 6:30 AM 7:00 AM 7:30 AM 8:00 AM 8:30 AM
9:00 AM 9:30 AM	Lap Swim (10 LNS)		Lap Swim (10 LNS)		Lap Swim (10 LNS)		WH2O Masters	9:00 AM 9:30 AM
10:00 AM	Lap Swim (8 LNS)		Swimming (10 LNS)	10:00 AM				
10:30 AM	Water Fitness (2 LN)			10:30 AM				
11:00 AM 11:30 AM 12:00 PM 12:30 PM 1:00 PM 1:30 PM	Lap Swim (7 LNS) JRLG (3 LNS)	Lap Swim (10 LNS)	Lap Swim (10 LNS)		11:00 AM 11:30 AM 12:00 PM 12:30 PM 1:00 PM 1:30 PM			
2:00 PM 2:30 PM	Lap Swim (10 LNS)		Lap Swim (10 LNS)	2:00 PM 2:30 PM				
3:00 PM 3:30 PM	Facility Closed (Staff training/lessons prep)			3:00 PM 3:30 PM				
4:00 PM 4:30 PM 5:00 PM 5:30 PM	Laps Swim (5 LNS) Blast Swim Team (5 LNS)	Laps Swim (5 LNS) Blast Swim Team (5 LNS)	Laps Swim (5 LNS) Blast Swim Team (5 LNS)	Laps Swim (5 LNS) Blast Swim Team (5 LNS)	Laps Swim (5 LNS) Blast Swim Team (5 LNS)	Closing Procedures	Closing Procedures	4:00 PM 4:30 PM 5:00 PM 5:30 PM
6:00 PM 6:30 PM	- 7	-7	,	-,	-,			6:00 PM 6:30 PM
7:00 PM 7:30 PM 8:00 PM 8:30 PM	Lap Swim (4 Lanes) WH2O -Masters Swimming (6 Lanes)	Lap Swim (4 Lanes) WH2O -Masters Swimming (6 Lanes)	Closing Procedures	Lap Swim (4 Lanes) WH2O -Masters Swimming (6 Lanes)	Lap Swim (4 Lanes) WH2O -Masters Swimming (6 Lanes)			7:00 PM 7:30 PM 8:00 PM 8:30 PM
9:00 PM	Closing Procedures	Closing Procedures		Closing Procedures	Closing Procedures			9:00 PM
9:30 PM								9:30 PM

## **RECREATION POOL**

	Monday	Tuesdav	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30 AM	Opening Procedures	Opening Procedures	Opening Procedures	Opening Procedures	Opening Procedures	outurday	Gunday	5:30 AM
6:00 AM	Opening i roccuures	Opening i roccuures	Opening Freeduces	Opening i roccuures	Opening i roccuures			6:00 AM
6:30 AM								6:30 AM
7:00 AM	Lap Swim (5 LNS)	Lap Swim (5 LNS)	Lap Swim (5 LNS)	Lap Swim (5 LNS)				7:00 AM
7:30 AM						Opening Procedures	Opening Procedures	7:30 AM
8:00 AM					Lap Swim (5 LNS)			8:00 AM
8:30 AM	GROUP & PRIVATE	<b>GROUP &amp; PRIVATE</b>	<b>GROUP &amp; PRIVATE</b>	<b>GROUP &amp; PRIVATE</b>				8:30 AM
9:00 AM	LESSONS	LESSONS	LESSONS	LESSONS		Lan Curine (F L NC)	Lan Curina (F.I.NC)	9:00 AM
9:30 AM						Lap Swim (5 LNS)	Lap Swim (5 LNS)	9:30 AM
10:00 AM	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Water Fitness			10:00 AM
10:30 AM	water ritiless	Water Fittless	Water Fittless	Water Fittless	Water Fittless			10:30 AM
11:00 AM								11:00 AM
11:30 AM					Rec Swim (50p)			11:30 AM
12:00 PM	Rec Swim (25p)	Rec Swim (25p)	Rec Swim (25p)	Rec Swim (25p)	recoonin (oop)		Rec Swim (25p)	12:00 PM
12:30 PM	PRIVATE LESSONS	PRIVATE LESSONS	PRIVATE LESSONS	PRIVATE LESSONS			PRIVATE LESSONS	12:30 PM
1:00 PM								1:00 PM
1:30 PM					CAMP			1:30 PM
2:00 PM	Rec Swim (50p)	Rec Swim (50p)	Rec Swim (50p)	Rec Swim (50p)	• · · · · · · · · · · · · · · · · · · ·	Rec Swim (50p)		2:00 PM
2:30 PM	` .,	` ''		, , ,				2:30 PM
3:00 PM	Facility Closed (Staff	Facility Closed (Staff	Facility Closed (Staff	Facility Closed (staff	Facility Closed (Staff		Rec Swim (50p)	3:00 PM
3:30 PM	training/lessons prep)	training/lessons prep)	training/lessons prep)	training/lessons prep)	training/lessons prep)			3:30 PM
4:00 PM								4:00 PM
4:30 PM	GROUP & PRIVATE	GROUP & PRIVATE	GROUP & PRIVATE	GROUP & PRIVATE				4:30 PM
5:00 PM 5:30 PM	LESSONS	LESSONS	LESSONS	LESSONS				5:00 PM
6:00 PM	A IIIT Olese	A III T. Olese	A III T Olese	A III T. Olese		Closing Procedures	Closing Procedures	5:30 PM 6:00 PM
6:00 PM	Aqua H.I.T. Class	Aqua H.I.T. Class	Aqua H.I.T. Class	Aqua H.I.T. Class	Lap Swim (5 LNS)			6:00 PM
7:00 PM	Lap Swim (2 LNS)	Lap Swim (2 LNS)	Lap Swim (2 LNS)	Lap Swim (2 LNS)				7:00 PM
7:00 PM 7:30 PM			Closing Procedures					7:00 PM 7:30 PM
8:00 PM	Lap Swim (5 LNS)	Lap Swim (5 LNS)		Lap Swim (5 LNS)				8:00 PM
8:30 PM								8:30 PM
9:00 PM	Closing Procedures	Closing Procedures		Closing Procedures	Closing Procedures			9:00 PM
9:30 PM	Closing Procedures	Closing Procedures		Closing Procedures	Closing Procedures			9:30 PM
9.30 FIVI								9.30 FIVI