The City of West Hollywood's Senior Advisory Board & the Senior Activity Programs of the West Hollywood Comprehensive Services Center present

Celebrate in May! It's Denior Month 2016!

Senior Month

Senior Health Fair

Day: Wednesday, May 11, 2016 **Time:** 9:00 a.m. - 12:00 p.m. **Place:** Community Center

at Plummer Park,

7377 Santa Monica Boulevard

Cost: Free

Call: To make a reservation for lunch, call (323) 848-6820 or for the hearing impaired (323) 848-6496

The 15th Annual Senior Health
Fair will feature demonstrations, health
screenings and information from a
variety of community organizations.
Complimentary lunch will be provided.

Senior Advisory Board Meeting and Reception

Day: Wednesday, May 25, 2016

Time: 2:00 p.m. Place: City Hall,

8300 Santa Monica Boulevard

Cost: Free

Call: (323) 848-6510 for more

information

Participate in the Senior Advisory Board's discussions of important community issues for Seniors in West Hollywood. Outstanding members of the Senior community will be honored and contributors to "Senior Stories WeHo" will read from their short stories and poems. Refreshments will be served.





Sponsored by the City of West Hollywood and Jewish Family Service of Los Angeles

Excursions To make a reservation or for more information, call (323) 876-1717

Hancock Memorial Museum

Date: Friday, May 6, 2016

Time: Bus leaves at 9:30 a.m. from Fountain/Vista parking lot; return

by 1:00 p.m.

Place: Los Angeles, USC Cost: Members \$10 Non-Members \$15

See this architectural masterpiece and learn about its rich history! The museum consists of the four luxurious public rooms from the original Hancock mansion, partly inspired by the Medici Palace in Florence, Italy. A docent-led tour takes you through the grandly proportioned Palladian-style reception hall, library, dining room and music salon. Get a closer look at the beautiful stained glass windows. Pack a lunch and picnic in the courtyard area.

"How to Succeed in Business Without Really Trying"

Date: Sunday, May 15, 2016 **Time:** Bus leaves at 1:30 p.m. from Santa Monica/Martel parking lot; return by 6.30 p.m.

Place: Glendale Centre Theatre

Cost: Members \$30 Non-Members \$35

Big business means big laughs in this delightfully clever lampoon of life on the corporate ladder. A tune-filled comic gem that took Broadway by storm, winning both the Tony Award for Best Musical and a Pulitzer Prize, "How To Succeed In Business Without Really Trying" boasts an exhilarating score by Frank Loesser including, "I Believe in You", "Brotherhood of Man", and "The Company Way".

Fullerton Arboretum

Date: Thursday, May 26, 2016 **Time:** Bus leaves at 9:30 a.m. from Fountain/Vista parking lot; return by 3:00 p.m.

Place: Fullerton Cost: Members \$10 Non-Members \$15

Visit the largest botanical garden in Orange County! Encompassing 26 lush acres, the Fullerton Arboretum maintains a permanent collection of over 4,000 unique and unusual plant species from around the world – from the island of Madagascar through the rainforests and back to the native redwoods that inhabit Northern

California. With its ponds, streams and wildlife, this botanical paradise offers a tranquil retreat from a fast-paced urban life. Bring lunch and enjoy it on one of the many benches throughout the Arboretum. Don't forget comfortable shoes, water, sunscreen and a hat!

Events

For more information, call (323) 848-6826

Victory in Europe Day

Day: Saturday, May 7, 2016

Time: 11:00 a.m.

Place: Fiesta Hall at Plummer Park, 7377 Santa Monica Boulevard

Cost: Free

The Victory in Europe Day ceremony marks the defeat of the Nazi forces and offers a remembrance of the estimated 50 million people who died during WWII. Residents who are veterans of WWII will be honored.

15th Annual Russian Arts and Culture Week: Saturday, May 7 -Saturday, May 15, 2016

Russian Arts and Culture Festival

Date: Sunday, May 15, 2016 **Time:** 11:00 a.m. - 7:00 p.m.

Place: Plummer Park,

7377 Santa Monica Boulevard

Cost: Free

The Russian Arts and Culture Week offers unique, family friendly events celebrating the rich culture and heritage of Los Angeles' Russian-speaking community. The week kicks off with the 71st Anniversary of the Victory in Europe day and will culminate with the 15th Annual Russian Arts and Culture Festival, which includes a day of entertainment, music, food vendors, Russian crafts and jewelry, and numerous local exhibitors.

11th Annual Russian Community Awards Presentation

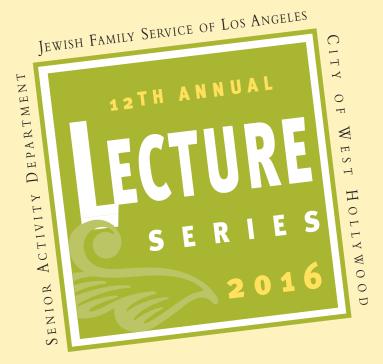
Date: Sunday, May 15, 2016

Time: 4:00 p.m..

Place: Plummer Park, West Hollywood, Small stage

Cost: Free

Join us for a special televised meeting of the Russian Advisory Board and an evening honoring members of the community for their contributions and achievements.



Additional trips, lectures, and classes take place throughout the year. Please contact the Activities Department for more information at (323) 876-1717.

Lecture 1: Planting Seeds Workshop

Presented by Denise Neumann, Master Gardener

Date: Tuesday, May 17, 2016 Time: 1:00 p.m. - 2:00 p.m.

Place: Plummer Park, 7377 Santa Monica Boulevard, Senior Patio

Cost: Free

Call: (323) 876-1717 for more information. Please RSVP by May 10th.

Enjoy this hands-on workshop where you will be provided with the seeds and the skills to grow your own vegetable garden. Try your hand at gardening – a fun and rewarding experience that allows you to use your own vegetables in daily food preparation!

Lecture 2:

The Benny Goodman Story

Presented by Dr. Thomas Mason, USC Music Professor

Date: Tuesday, May 24, 2016 Time: 1:00 p.m. - 2:00 p.m.

Place: Plummer Park, 7377 Santa Monica Boulevard, Room 2

Cost: Free

Call: (323) 876-1717 for more information

Join us for a presentation on Benjamin David "Benny" Goodman, American jazz and swing musician, clarinetist and bandleader, known as the "King of Swing". Reaching the height of his popularity in the 1930's when swing was most popular, Benny Goodman created numerous hits and his was the first jazz band to play Carnegie Hall. Hear his story from our favorite jazz studies professor, Dr. Thom Mason.



