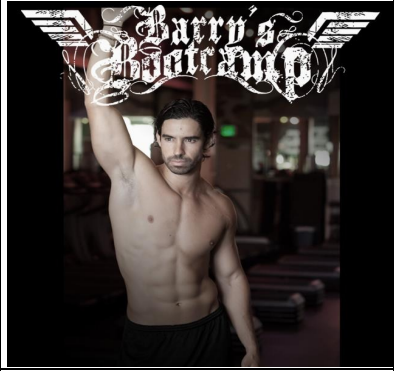










Time	Bootcamp	Center Stage	Demo Area	TRX /RIP Training	Cardio Intensive	Dodgeball	Yoga/Pilates	Cycling Demonstration	Pool
	Robertson Blvd.	Stage Area/D.J.	Next to Basketball Courts	Basketball Court	Basketball Court	Basketball Court	South Lawn	South Lawn	Pool Entrance on San Vicente Blvd.
11:00 am - 12:00 pm	Tim Emery <b>Bootcamp Class</b> Muscle Mechanics L.A.			David Brainin <b>TRX Class</b> Muscle Mechanics L.A.	<b>MUSCLE MECHANICS</b> LOS ANGELES MUSCLEMECHANICSLA.COM				
11:30 am - 12:00 pm	Ricardo Vargas <b>Bootcamp Class</b> Barry's Bootcamp			Quincy Burgers <b>TRX/RIP Class</b> CRUNCH	Christina Peerenboom & Kirsten Potenza <b>POUND Class</b> CRUNCH		Heather Dawn <b>Yoga Class</b> TRAIN West Hollywood		Dennis Mason <b>Aqua Pilates Class</b> Dennis Mason Fitness
12:00 pm - 12:30 pm	Seth Gottesdiener <b>Bootcamp Class</b> Barry's Bootcamp	Alex Agurto <b>Plyometric Circuit w/ Steppers Class</b> TRAIN West Hollywood	Xavier Declie <b>Tai-Chi/Kung Fu Demo</b> Muscle Mechanics L.A.	Bizzie <b>BUTI CRUNCH</b>	Holly Holton <b>Cross Training Class</b> Pink Iron			Cheila Villar <b>15 minute Spinning Demo</b> Soul Cycle	
12:30 pm - 1:00 pm	Griffin White <b>Kettle Bells Class</b> Fitness Factory			Francisco Diaz <b>TRX/RIP Class</b> CRUNCH			Sandi Shapiro <b>Total Body Technique Class</b> Muscle Mechanics L.A.		Dennis Mason <b>Aqua Pilates Class</b> Dennis Mason Fitness
1:00 pm - 1:30 pm	Kenny Johnson <b>Bootcamp Class</b> Muscle Mechanics L.A.	Andre Correa <b>HIIT Class</b> TRAIN West Hollywood	Craig Ramsay <b>Stretching Demo</b> Craig Ramsay Fitness		Wil Williams <b>Zumba Class</b> L.A. Dance Fit		Lou Becker <b>Mat Pilates Class</b> Elevation Fitness		
1:30 pm - 2:00 pm	Dale Dymkoski Performance <b>Optimization and Body Sculpting Class</b> Fitness Factory			Faraz Ellahie, Robert Hoflund, Ben Melick <b>TRX/RIP Class</b> CRUNCH	Raul Arauz <b>Zumba Class</b> Third Street Dance Studio		Henry McMillan <b>Yoga Class</b> Power Earth's Yoga		
2:00 pm - 2:30 pm	Keith Anthony <b>Threshold &amp; Strength Class</b> Fitness Factory			Andre Correa <b>TRX Class</b> CRUNCH		Jake Mason <b>Dodgeball Exhibition Games</b> West Hollywood Dodgeball		Cheila Villar <b>15 minute Spinning Demo</b> Soul Cycle	
2:30 pm - 3:00 pm	Jovin Raethz <b>Push-Up Workshop</b> Fitness Factory		Martin Snow <b>Boxing Demo</b> Trinity Boxing						Schedule Subject to Change